



LESS BUT BETTER

Every day is a chance for us to be our best. There is nothing to achieve, and nowhere to arrive.



Rishi Dass is a living philosopher. He believes there is no greater success in the world than rightful living — **how we live** each day matters way more than what we'll “achieve” in our lives. It's only when we act from the **being**, we end up **doing** everything better.

He imagines a world in which we act with intention, play to our strengths, and live modestly as a life ambition. He inspires others to live a less but better life, because **more is not the answer**. Rishi helps others simplify their lives, set changes in motion, and do things naturally (joyfully and sustainably). He talks about mental health, simple living, and true success. He shares the philosophy through writing, coaching, speaking, consulting, and community building (weekly newsletter and podcast).

Originally from Bombay, Rishi is a self-sufficient traveler with no fixed destination. He holds a bachelor's degree in business (BA), and remains eternally curious. He writes in American English, and speaks Indian English. Apart from being an old soul, he's a hopeless romantic, an avid Nintendo fan, and an ice-cream lover — quintessentially, a millennial at heart.

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Rishi's insights into the human spirit enlightens us to what the purpose of life should be.

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Rishi knows a great deal about what it takes to be an effective human being.